

**Learning Agreement**

**Student Mobility for Blended Intensive Programs**

**General information**

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| **Student** | **Last name(s)** | **First name(s)** | **Date of birth** | | **Nationality** | | **Gender** |
|  |  |  | |  | |  |
| **ESI** | | **Study cycle** | | **Field of education**  **(ISCED)** | | **Field of education  (clarification)** |
| (technical identifier, N/A) | |  | |  | |  |
| **Sending Institution** | **Name** | **Faculty/Department** | | **Erasmus code** | **Country** | **Erasmus Departmental Coordinator** | |
|  |  | |  |  |  | |
| **Receiving Institution** | **Name** | **Faculty/Department** | | **Erasmus code** | **Country** | **Administrative contact person name; email; phone/ Erasmus BIP Coordinator** | |
| **Babeș Bolyai University** | **Faculty of Political, Administrative and Communication Sciences** | | **CLUJNAP01** | **RO** | **Carmen Țâgșorean**  **carmen.tagsorean@ubbcluj.ro** | |
| The level of language competence in English that the student already has or agrees to acquire by the start of the study period is:  *A1*  *A2*  *B1*  *B2*  *C1*  *C2*  *Native speaker* | | | | | | | |

**Mobility type and duration**

|  |  |
| --- | --- |
| **Mobility type (select one)** | **Estimated duration (to be confirmed by the Receiving Institution)** |
| * Blended mobility with short-term physical mobility | Planned period for the physical mobility:   * 20/04/2026 * 24/04/2026   Planned period of the virtual mobility:   * from 01/04/2026 * to 02/04/2026 |

**Study Programme at Receiving Institution and recognition at the Sending Institution**

***Mobility type: Blended mobility with short-term physical mobility***

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|  | **Component**  **code (if any)** | **Component title or description of the mobility programme** | **Short description of the virtual component**  **(obligatory field):** | **Number of ECTS credits to be awarded** | **Automatic recognition** |
|  | **Health4Media** | HEALTH4MEDIA is a tailored program aimed at enhancing mental health resilience among journalists, addressing the unique challenges of the profession through both online and on-site activities. Across five immersive days, participants engage in workshops, case studies, and wellness sessions, exploring stress management, burnout prevention, and trauma response. Expert-led sessions cover topics such as emotional resilience, coping mechanisms, and mental hygiene, while interactive group activities foster peer support and shared understanding. The program concludes with project presentations, equipping journalists with practical tools and strategies to maintain well-being in a high-stress environment. | 3 | *Yes*  *No* |
|  |  |  | **Total: 3** |  |

**Commitment of the three parties**

***Any Mobility type***

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| By signing this document, the student, the Sending Institution and the Receiving Institution confirm that they approve the Learning Agreement and that they will comply with all the arrangements agreed by all parties. Sending and Receiving Institutions undertake to apply all the principles of the Erasmus Charter for Higher Education relating to mobility for studies The Beneficiary Institution and the student should also commit to what is set out in the Erasmus+ grant agreement. The Receiving Institution confirms that the educational components listed are in line with its course catalogue or as agreed otherwise and should be available to the student. The Sending Institution commits to recognise all the credits or equivalent units gained at the Receiving Institution for the successfully completed educational components and to count them towards the student's degree. The student and the Receiving Institution will communicate to the Sending Institution any problems or changes regarding the study programme, responsible persons and/or study period. | | | | | |
| **Commitment** | **Name** | **Email** | **Position** | **Date** | **Signature** |
| Student |  |  | *Student* |  |  |
| Responsible person at theSending Institution/Faculty level |  |  | Erasmus Departmental Coordinator |  |  |
| Responsible person at theSending Institution/Institutional level |  |  | Erasmus Institutional Coordinator |  |  |
| Responsible person at theReceiving Institution/Faculty level | Carmen Țâgșorean | carmen.tagsorean@ubbcluj.ro | Erasmus BIP Coordinator |  |  |
| Responsible person at theReceiving Institution/Institutional level | Ramona Onciu | ramona.onciu@ubbcluj.ro | Erasmus Institutional Coordinator |  |  |

**Glossary**

|  |  |
| --- | --- |
| **Term** | **Definition/Explanation** |
| **Nationality** | Country to which the person belongs administratively and that issues the ID card and/or passport. |
| **The European Student Identifier (ESI)** | A unique European Identifier number used to identify and authenticate students using the Erasmus+ Mobile App and/or the desktop version of the app to fill in and sign their online learning agreement. If the sending institution does not issue an ESI for its students an alternative mechanism for identifying and authenticating students can be accepted. For more information, visit the [Erasmus Without Paper Competence Centre](https://wiki.uni-foundation.eu/display/MAID/MyAcademicID). |
| **Study cycle** | Short cycle (EQF level 5) / Bachelor or equivalent first cycle (EQF level 6) / Master or equivalent second cycle (EQF level 7) / Doctorate or equivalent third cycle (EQF level 8). |
| **Field of education** | The [ISCED-F 2013 search tool](http://ec.europa.eu/education/international-standard-classification-of-education-isced_en) available at <http://ec.europa.eu/education/international-standard-classification-of-education-isced_en> should be used to find the ISCED 2013 detailed field of education and training that is closest to the subject of the degree to be awarded to the student by the Sending Institution. |
| **Erasmus code** | A unique identifier that every higher education institution that has been awarded with the Erasmus Charter for Higher Education (ECHE) receives. It is only applicable to higher education institutions located in Programme Countries. |
| **Administrative Contact person** | A person who provides a link for administrative information and who, depending on the structure of the higher education institution, may be the departmental coordinator or works at the international relations office or equivalent body within the institution. |
| **Mobility type: Semester(s)** | A study period abroad lasting at least one academic term/trimester or 2 months to 12 months |
| **Blended mobility** | Any mobility can be carried out as a “blended mobility” by combining the study period abroad with on virtual component at the receiving institution before, during or after the physical mobility to further enhance the learning outcomes. |
| **Short description of a virtual component** | An indication of whether the virtual component is an online course(s), embedded in an course(s) selected at the receiving institution, embedded in a blended intensive programme and/or other type of online activity at the receiving institution along with component title(s) or short description of the online activity. |
| **Blended mobility with short term physical mobility** | If a long-term physical mobility is not suitable, the student may undertake a study period abroad lasting between 5 days and 30 days and combined with a compulsory virtual component to faciliate an online learning exchange and/or teamwork. |
| **Short-term doctoral mobility** | A study period abroad lasting between 5 days and 30 days. An optional virtual component to faciliate an online learning exchange and/or teamwork can be added to further enhance the learning outcomes. |
| **ECTS credits (or equivalent)** | In countries where the ["ECTS" system](https://ec.europa.eu/education/ects/users-guide/docs/ects-users-guide_en.pdf) is not in place, in particular for institutions located in Partner Countries not participating in the Bologna process, "ECTS" needs to be replaced in the relevant tables by the name of the equivalent system that is used, and a web link to an explanation to the system should be added. |
| **Automatic recognition** | All credits gained abroad– as agreed in the Learning Agreement and confirmed by the Transcript of Records – will be transferred without delay and counted towards the students' degree without any additional work or assessment of the student. This is signalled in the learning agreement by the “Yes” check box. If the “No” check box is selected, a clear justification needs to be provided and an indication on what other type of formal recognition will be applied e.g. registration in the students’ [diploma supplement](https://europa.eu/europass/en/diploma-supplement) or [Europass](https://europa.eu/europass/en) Mobility Document. |
| **Educational component** | A self-contained and formal structured learning experience that features learning outcomes, credits and forms of assessment. Examples of educational components are: a course, module, seminar, laboratory work, practical work, preparation/research for a thesis, mobility window or free electives. |
| **Level of language competence** | A description of the European Language Levels (CEFR) is available at: <https://europass.cedefop.europa.eu/en/resources/european-language-levels-cefr> |
| **Course catalogue** | Detailed, user-friendly and up-to-date information on the institution’s learning environment that should be available to students before the mobility period and throughout their studies to enable them to make the right choices and use their time most efficiently. The information concerns, for example, the qualifications offered, the learning, teaching and assessment procedures, the level of programmes, the individual educational components and the learning resources. The Course Catalogue should include the names of people to contact, with information about how, when and where to contact them. |
| **Responsible person at the Sending Institution** | An academic who has the authority to approve the Learning Agreement, to exceptionally amend it when it is needed, as well as to guarantee full recognition of such programme on behalf of the responsible academic body. The name and email of the Responsible person must be filled in only in case it differs from that of the Contact person mentioned at the top of the document. |
| **Reasons for deleting a component** | Previously selected educational component is not available at the Receiving Institution  Component is in a different language than previously specified in the course catalogue  Timetable conflict  Other (please specify) |
| **Reason for adding a component** | Substituting a deleted component  Extending the mobility period  Adding a virtual component  Other (please specify) |