

## ERASMUS

### SOCIOLOGY

1	Name of the course	Sociology of health, illness and medicine
2	Name and surname of the lecturer, title / academic degree	Michał Nowakowski, Ph.D.; Anna Dudkowska-Sadowska, M.A.
3	Language	<b>english</b>
4	Strona WWW	
5	Semestr	<b>Winter or summer</b>
6	ECTS and number of hours	<p>Hours with the participation of an academic teacher:</p> <p><b>Lecture</b> 30h, 5 ECTS Consultations 5h Total number of hours with the participation of an academic teacher 35h Number of ECTS credits with the participation of an academic teacher 2</p> <p>Non-contact hours (student's own work): Studying literature 50h Preparation to the exam 25h Total number of non-contact hours 75h Number of ECTS points for non-contact hours 3</p> <p><b>Total number of ECTS points 5</b></p>
7	Prerequisites	English B2
8	Description of the course	The aim of the class, will be to learn and practice applying the sociological perspective (concepts, theories and methodology) to phenomena related to human health, illness and medical institutions. Contemporary challenges, such as health inequalities, ageing of populations (chronic illness and disability), medicalisation (pharmaceuticalisation) of society, lay medical knowledge, doctor-patient relationship, and health policies will constitute the framework for discussion. Students will be expected to work both in groups and individually. The course involves submission of a paper (covering a selected sociomedical problem), which is the basis for getting credit.
9	Topics	<ol style="list-style-type: none"> <li>1. Parsons: social aspects of illness,</li> <li>2. Freidson: conflict in health systems</li> <li>3. Sociology of knowledge and social constructivism in the sociology of health illness and medicine</li> <li>4. Sociology of disability / sociology of the body: Goffman: stigma, Charmaz: chronic illness and body</li> <li>5. Processes of medicalization in contemporary societies</li> <li>6. Changing definitions of health in medicine. What it means to the sociology of health, illness and medicine?</li> <li>7. Social epidemiology</li> <li>8. Social determinants of health / health inequalities</li> <li>9. Public health</li> </ol>

		<p>10. Social aspects of mental health,</p> <p>11. Health literacy, the role of cultural factors in health</p> <p>12. Complementary and alternative medicine</p> <p>13. Health promotion, good practices</p>
10	Literature	<p>Compulsory literature:</p> <ul style="list-style-type: none"> <li>- Damian E M Milton. Talcott Parsons and the Theory of the Sick Role. <a href="https://kar.kent.ac.uk/62743/55/Talcott%20Parsons%20and%20the%20theory%20of%20the%20%27Sick%20Role%27%202004.pdf">https://kar.kent.ac.uk/62743/55/Talcott%20Parsons%20and%20the%20theory%20of%20the%20%27Sick%20Role%27%202004.pdf</a></li> <li>- Elliott Freidson, 1960. Client control and medical practice. American Journal of Sociology. 65(4).</li> <li>- M. R. Bury, 1986. Social constructionism and the development of medical sociology. Sociology of Health and Illness. 8(2).</li> </ul> <p>Peter Conrad, Kristin K. Barker. The Social Construction of Illness: Key Insights and Policy Implications. Journal of Health and Social Behavior 2010 51: S67</p> <ul style="list-style-type: none"> <li>- Matthew Clair. Stigma. <a href="https://scholar.harvard.edu/files/matthewclair/files/final_version_clair.pdf">https://scholar.harvard.edu/files/matthewclair/files/final_version_clair.pdf</a></li> <li>- Kathy Charmaz, Dana Rosenfeld. Reflections of the Body, Images of Self: Visibility and Invisibility in Chronic Illness and Disability. [in:] Vannini, Phillip. Body/Embodiment : Symbolic Interaction and the Sociology of the Body, edited by Dennis Waskul, Taylor &amp; Francis Group, 2007.</li> <li>- Peter Conrad. 2005. The shift in engines of medicalization. Journal of health and human behavior. 46(1)</li> <li>- Machteld Huber, et al. How should we define health? British Medical Journal. 2011. <a href="https://www.bmj.com/content/343/bmj.d4163">https://www.bmj.com/content/343/bmj.d4163</a></li> <li>- What is health? The ability to adapt. Editorial The Lancet. 2009. <a href="https://www.thelancet.com/action/showPdf?pii=S0140-6736%2809%2960456-6">https://www.thelancet.com/action/showPdf?pii=S0140-6736%2809%2960456-6</a></li> <li>- R. E. McKeown. The Epidemiologic Transition: Changing Patterns of Mortality and Population Dynamics. McKeown RE. The Epidemiologic Transition: Changing Patterns of Mortality and Population Dynamics. Am J Lifestyle Med. 2009;3(1 Suppl):19S-26S. doi:10.1177/1559827609335350 <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2805833/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2805833/</a></li> <li>- Social determinants of health. The solid facts. <a href="http://www.euro.who.int/data/assets/pdf_file/0005/98438/e81384.pdf?ua1">http://www.euro.who.int/data/assets/pdf_file/0005/98438/e81384.pdf?ua1</a></li> <li>- Elen Idler. Religion: The Invisible Social Determinant in: Religion as a Social Determinant of Public Health. pages 1-23 <a href="https://books.google.pl/books?id=iuISDAAAQBAJ&amp;printsec=frontcover&amp;dq=social+determinants+of+health&amp;hl=pl&amp;sa=X&amp;ved=0ahUKEwjph">https://books.google.pl/books?id=iuISDAAAQBAJ&amp;printsec=frontcover&amp;dq=social+determinants+of+health&amp;hl=pl&amp;sa=X&amp;ved=0ahUKEwjph</a></li> </ul>

		<p><a href="#">Lf0vbpAhWuwqYKHRKBAwQ6AEIOzAC#v=onepage&amp;q=social%20determinants%20of%20health&amp;f=false</a></p> <p>- Mariana C. Arcaya, Alyssa L. Arcaya, and S. V. Subramanian. Inequalities in health: definitions, concepts, and theories. Global Health Action.</p> <p><a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4481045/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4481045/</a></p> <p>- What is public health? <a href="https://www.youtube.com/watch?v=jA8uYvJ_i8Y">https://www.youtube.com/watch?v=jA8uYvJ_i8Y</a></p> <p>- Facets of public health in europe. 2014. <a href="http://www.euro.who.int/_data/assets/pdf_file/0003/271074/Facets-of-Public-Health-in-Europe.pdf%3Fua%3D1">http://www.euro.who.int/_data/assets/pdf_file/0003/271074/Facets-of-Public-Health-in-Europe.pdf%3Fua%3D1</a></p> <p>- Manuela Silva; Adriana Loureiro and Graça Cardoso. 2016. Social determinants of mental health. A review of evidence. Eur. J. Psychiat. vol.30 no.4 <a href="http://scielo.isciii.es/scielo.php?script=sci_arttext&amp;pid=S0213-61632016000400004">http://scielo.isciii.es/scielo.php?script=sci_arttext&amp;pid=S0213-61632016000400004</a></p> <p>- David Barker. The Meaning and the Measure of Health Literacy. J Gen Intern Med. 2006 Aug; 21(8): 878–883. <a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1831571/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1831571/</a></p> <p>- Juan Carlos Aneiros Fernandez. 2016. Cultural determinants of health: an approach to promoting equity. Saude soc. vol.23 no.1 <a href="https://www.scielo.br/scielo.php?pid=S0104-12902014000100167&amp;script=sci_arttext&amp;tling=en">https://www.scielo.br/scielo.php?pid=S0104-12902014000100167&amp;script=sci_arttext&amp;tling=en</a></p> <p>- Nicola Gale. The Sociology of Traditional, Complementary and Alternative Medicine. Sociol Compass. 2014 Jun; 8(6): 805–822.</p> <p>- What is Health Promotion? <a href="https://www.who.int/news-room/q-a-detail/what-is-health-promotion">https://www.who.int/news-room/q-a-detail/what-is-health-promotion</a></p> <p>- D Nutbeam. Achieving 'Best Practice' in Health Promotion: Improving the Fit Between Research and Practice. Health Educ Res. 1996 Sep;11(3) <a href="https://pubmed.ncbi.nlm.nih.gov/10163564/">https://pubmed.ncbi.nlm.nih.gov/10163564/</a></p> <p>- Good practices in the field of health promotion and chronic disease prevention across the life cycle - o utcomes at a Glance <a href="https://core.ac.uk/download/pdf/80518772.pdf">https://core.ac.uk/download/pdf/80518772.pdf</a></p> <p>- <a href="http://chrodis.eu/our-work/05-health-promotion/41-good-practices/">http://chrodis.eu/our-work/05-health-promotion/41-good-practices/</a></p>
11	Learning outcomes	<p><b>Knows and understands at an advanced level selected facts, objects and phenomena in the field of sociological sub-disciplines as well as other detailed social issues (K_W02) P6U_W P6S_WG</b></p> <p><b>Student can use his/her sociological knowledge in predictable conditions and in conditions requiring non-standard solutions (K_U01) P6U_U P6S_UW</b></p> <p><b>Can discuss social issues and critically evaluate the positions of other debaters (K_U06) P6U_U P6S_UK</b></p>

12	Method of verification of learning outcomes (separately for each effect)	<b>K_W02: submission of the paper</b> <b>K_U01: submission of the paper</b> <b>K_U06: submission of the paper</b>
13	Teaching methods	problem based learning, data analysis and interpretation, summarizing and reviewing text fragments,
14	1 Assessment methods 2 Assessment criteria	Learning outcomes are verified during each class based on the assessment of knowledge about the given text, assessment based on the submitted text.