**SYLLABUS**

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| COURSE TITLE: The crisis of loss and bereavement - support activities |
| CREDITS: 2 |  |
| LANGUAGE OF INSTRUCTION: English |
| DEPARTMENT/FACULTY: Department of Pedagogical Sciences Methodology, Faculty of Education and Psychology, Institute of Pedagogy  |
| LECTURER: Agnieszka Gabryś, PhD |
| COURSE OBJECTIVES |
| Students who successfully complete this course will have a basic knowledge of and insight into:* The student knows the basic information of the crisis, especially crisis of loss.
* The student recognises and characterises the stages of loss.
* The student explains the principles of organizing the forms of supports child and youth in crisis of loss especially grief and bereavement.
* The student analyses the possibilities and barriers limiting for therapeutic activities in loss situation.
* The student is able to design a support tool for children in crisis of loss.
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| PREREQUISITES: None |
| COURSE ORGANISATION –LEARNING FORMAT AND NUMBER OF HOURS |
| 15 hours of workshops, 3x5 hrs |
|  COURSE DESCRIPTION |
| Topics covered in class: Basic issues relating to the crisis especially crisis of loss. Basic issues in relation to death and dying. Loss, grief, and bereavement. Crisis intervention, counselling as a form of support children and youth. Therapeutic activities and selected forms of support. Supporting person and social support in bereavement.  |
| METHODS OF INSTRUCTION | Lecture, discussion, didactic films, reading assignments. |
| REQUIREMENTS AND ASSESSMENTS | \* One short presentation \* Final written work |
| GRADING SYSTEM | Success in this course depends on attending class regularly, actively participating in class, in preparing presentation, and final written work. |
| TOTAL STUDENT WORKLOAD NEEDED TO ACHIEVE EXPECTED LEARNING OUTCOMES EXPRESSED IN TIME AND ECTS CREDIT POINTS  |

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| **Activity** | **Hours:** |
| Workshops | 15h  |
| Preparation for classes (Reading, homework etc.) | 15h  |
| Preparing a presentation  | 15h |
| Preparing a final written work | 15h  |
| Total | 60h |
| ECTS | 2  |

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| STUDY MATERIALS | **PRIMARY OR REQUIRED BOOKS/READINGS:**Yeager, K.R., Cutler, D.L., Svendsen, D., Sills, G.M. (2013). Modern community mental health. An interdisciplinary approach. New York: Oxford University Press. Holland, J. (2008). *How schools can support children who experience loss and death*. British Journal of Guidance & Counselling, 2, 411-424. Kübler- Ross, E., Kessler, D. (2005). *On grief and grieving. Finding the meaning of grief through the five stages of loss*. New York: Simon and Schuster. Sandoval, J. (2002). *Handbook of crisis counseling, intervention and prevention in schools. Second edition.* London: Lawrence Erlbaum Associates Publishers. Stroebe, W., Zech, E., Stroebe, M., Abakoumkin, G. (2005). Does social support help in bereavement? *Journal of Social and Clinical Psychology, 24*(7), 1030-1050. **SUPPLEMENTAL OR OPTIONAL BOOKS/READINGS:**Feigelman, W., Jordan, J.R., Gorman, B.S. (2008-2009). How they died, time since loss, and bereavement outcomes. *Omega, 58*(4), 251-27. Gabryś, A. (2016). Postawy pielęgniarek hospicyjnych wobec śmierci własnej i bliskich osób [Hospice nurses' attitudes towards their own and their loved ones' death]. *Pielęgniarstwo i Zdrowie Publiczne, 6*(3), 197-203.  |