 **Timetable of PE classes - CKF 2021 2022**      **Sport hall No. 1**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Hour / day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **8.00 - 9.30** | **Badminton**  **J. Krawczyk** | **Volleyball W** **A. Dubielis** | **Volleyball W**  **J. Rutkowski** | **Badminton**  **A. Dubielis** |  |
| **9.30 - 11.00** | **Badminton**  **J. Krawczyk** | **Football**  **T. Bielecki** | **Volleyball W**  **J. Rutkowski** | **Badminton**  **A. Dubielis** | **Volleyball W**  **A. Dubielis** |
| **11.00 - 12.30** | **Table tennis**  **W. Dankiewicz** |  |  | **Football**  **T. Bielecki** |  |
| **12.30 - 14.00** | **Table tennis**  **W. Dankiewicz** |  |  | **Football**  **T. Bielecki** |  |
| **14.00 - 15.30** | **Football**  **T. Bednaruk** |  | **Table Tennis**  **M. Grand** |  | **Volleyball W**  **W. Dankiewicz** |
| **15.30 - 17.00** | **Volleyball M**  **J. Rutkowski** |  | **Table Tennis**  **M. Grand** |  |  |
| **17.00 - 18.30** |  |  |  |  |  |
| **18.30 - 20.00** |  |  |  |  |  |
| **20.00 - 21.30** |  |  |  |  |  |

**Timetable of PE classes - CKF 2021 2022**      **Sport hall No. 2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Hour / day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **8.00 - 9.30** |  |  |  |  |  |
| **9.30 - 11.00** |  |  |  |  |  |
| **11.00 - 12.30** |  |  |  |  |  |
| **12.30 - 14.00** |  |  | **Football**  **T. Bednaruk** |  |  |
| **14.00 - 15.30** |  |  |  |  |  |
| **15.30 - 17.00** |  |  |  |  |  |
| **17.00 - 18.30** | **Football**  **T. Bednaruk** |  |  |  |  |
| **18.30 - 20.00** |  |  |  |  |  |
| **20.00 - 21.30** |  |  |  |  |  |

**Timetable of PE classes - CKF 2021 2022**    **Sport hall No. 3**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Hour / day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **8.00 - 9.30** |  |  |  |  |  |
| **9.30 - 11.00** |  |  |  |  |  |
| **11.00 - 12.30** |  |  |  |  |  |
| **12.30 - 14.00** |  |  |  |  |  |
| **14.00 - 15.30** |  |  | **Volleyball W**  **T. Bednaruk** |  |  |
| **15.30 - 17.00** | **Basketball  A. Dubielis** | **Football**  **T. Bednaruk** | **Basketball**  **A. Dubielis** |  |  |
| **17.00 - 18.30** |  |  |  |  |  |
| **18.30 - 20.00** | **Volleyball W  A. Dubielis** |  |  |  |  |
| **20.00 - 21.30** |  |  |  |  |  |

**Timetable of PE classes - CKF 2021 2022**     **ROOM - BIKES**

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| --- | --- | --- | --- | --- | --- |
| **Hour / day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **8.00 - 9.30** |  |  |  |  |  |
| **9.30 - 11.00** | **B. Kędracki** |  |  |  |  |
| **11.00 - 12.30** | **B. Kędracki** |  |  | **K. Szafranek- Calka** |  |
| **12.30 - 14.00** |  |  |  |  |  |
| **14.00 - 15.30** |  |  |  |  |  |
| **15.30 - 17.00** |  |  |  |  |  |
| **17.00 - 18.30** |  |  |  |  |  |
| **18.30 - 20.00** |  |  | **J. Gieroba** |  |  |
| **20.00 - 21.30** |  |  |  |  |  |

**Timetable of PE classes - CKF 2021 2022**  **FUNCTIONAL TRAINING ROOM Building B**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Hour / day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **8.00 - 9.30** |  |  |  |  |  |
| **9.30 - 11.00** | **Gym W**  **K. Krawczyk** |  | **Gym**  **A. Dubielis** | **Gym M** **A. Tęcza- Hodun** |  |
| **11.00 - 12.30** | **Gym M**  **T. Pasiak** |  | **Gym**  **A. Dubielis** |  |  |
| **12.30 - 14.00** |  | **Gym K**  **T. Pasiak** |  |  |  |
| **14.00 - 15.30** |  |  |  |  |  |
| **15.30 - 17.00** | **Functional training**  **T. Bednaruk** |  | **Gym W**  **T. Bednaruk** |  |  |
| **17.00 - 18.30** | **Functional training**  **A. Kołodziejczyk** |  | **Gym for people with disabilities**  **M. Tarnowski** |  |  |
| **18.30 - 20.00** |  |  |  |  |  |
| **20.00 - 21.30** | **Body shape**  **M. Tarnowski** |  | **Functional training**  **J. Gieroba** |  |  |

**Timetable of PE classes - CKF 2021 2022**     **AEROBIC ROOM** **Building B**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Hour / day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **8.00 - 9.30** |  | **Fitness**  **A. Kołodziejczyk** |  |  |  |
| **9.30 - 11.00** |  |  |  | **Fitness**  **K. Szafranek- Calka** | **Fitness**  **A Tęcza- Hodun** |
| **11.00 - 12.30** |  |  |  | **Fitness**  **A. Tęcza-Hodun** | **Fitness**  **A. Tęcza-Hodun** |
| **12.30 - 14.00** |  |  |  |  |  |
| **14.00 - 15.30** | **Fitness**  **A. Kołodziejczyk** | **Fitness**  **A. Mostowska** |  |  |  |
| **15.30 - 17.00** |  | **Fitness**  **A. Mostowska** |  | **Fitness**  **A. Mostowska** |  |
| **17.00 - 18.30** |  |  |  | **Fitness**  **A. Mostowska** |  |
| **18.30 - 20.00** |  |  | **Fitness**  **A. Mostowska** |  |  |
| **20.00 - 21.30** |  |  |  |  |  |

**Timetable of PE classes - CKF 2021 2022**    **ROOM - Lecture**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Hour / day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **8.00 - 9.30** |  |  |  |  |  |
| **9.30 - 11.00** |  |  |  |  |  |
| **11.00 - 12.30** | **Nordic walking**  **K. Krawczyk** |  |  | **Nordic walking**  **K. Krawczyk** |  |
| **12.30 - 14.00** |  |  |  |  |  |
| **14.00 - 15.30** |  |  |  |  |  |
| **15.30 - 17.00** |  |  |  |  |  |
| **17.00 - 18.30** |  |  |  |  |  |
| **18.30 - 20.00** |  |  |  |  |  |
| **20.00 - 21.30** |  |  |  |  |  |

**Timetable of PE classes - CKF 2021 2022**    **SWIMMING POOL**

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| --- | --- | --- | --- | --- | --- |
| **Hour / day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **8.00 - 9.30** |  | **T. Bielecki**  **Learning / improving** |  | **T. Bielecki**  **Learning / improving** |  |
| **9.30- 11.00** |  |  |  | **B. Kędracki**  **Learning / improving** | **Aquafitness**  **K. Szafranek- Calka** |
| **11.00 - 12.30** |  | **A. Kołodziejczyk**  **Learning / improving** | **K. Krawczyk**  **Learning / improving** | **B. Kędracki**  **Learning / improving** |  |
| **A. Tęcza-Hodun**  **Learning / improving** |
| **12.30 - 14.00** |  | **And Kołodziejczyk**  **Learning / improving** |  | **T. Pasiak**  **Learning / improving** | **T. Pasiak**  **Learning / improving** |
| **14.00 - 15.30** | **W. Dankiewicz**  **(swimming for people with disabilities)** | **M. Granda**  **Learning / improving** | **W. Dankiewicz** **(swimming for people with disabilities)** |  |  |
| **J. Rutkowski**  **Learning / improving** | **T. Pasiak**  **Learning / improving** |
| **15.30 - 17.00** |  |  | **W. Dankiewicz**  **Learning / improving** |  |  |

**Timetable of PE classes - CKF 2021 2022**  **GYMNASTIC ROOM 04 Building B**

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| --- | --- | --- | --- | --- | --- |
| **Hour / day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **8.00 - 9.30** |  |  |  |  |  |
| **9.30 - 11.00** |  |  |  |  |  |
| **11.00 - 12.30** |  | **Therapeutic gymnastics**  **T. Pasiak** |  |  | **Therapeutic gymnastics**  **T. Pasiak** |
| **12.30 - 14.00** |  |  |  |  |  |
| **14.00 - 15.30** |  |  |  |  |  |
| **15.30 - 17.00** |  |  |  |  |  |
| **17.00 - 18.30** | **Boccia**  **T. Bielecki** |  |  |  |  |
| **18.30 - 20.00** |  |  |  |  |  |
| **20.00 - 21.30** |  |  |  |  |  |

**Timetable of PE classes - CKF 2021 2022**  **GYM A-08**       **Building A**

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| --- | --- | --- | --- | --- | --- |
| **Hour / day** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **8.00 - 9.30** |  |  |  | **Gym M**  **T. Bednaruk** |  |
| **9.30 - 11.00** |  |  |  | **Gym W**  **T. Bednaruk** |  |
| **11.00 - 12.30** |  |  |  |  |  |
| **12.30 - 14.00** |  |  |  |  |  |
| **14.00 - 15.30** |  |  |  |  |  |
| **15.30 - 17.00** |  |  |  |  |  |
| **17.00 - 18.30** | **Gym W**  **J. Rutkowski** |  |  |  |  |
| **18.30 - 20.00** |  |  |  |  |  |
| **20.00 - 21.30** |  |  |  |  |  |