

SYLLABUS

COURSE TITLE	Psycho-oncology							
CREDITS	2 ECTS points							
LANGUAGE OF INSTRUCTION	English							
DEPARTMENT/FACULTY	Department of clinical psychology and neuropsychology							
LECTURER(S)	Magdalena Bury-Kamińska							
COURSE OBJECTIVES								
<p>Students who successfully complete this course will have a basic knowledge of and insight into:</p> <ul style="list-style-type: none"> • The student is able to apply her/his knowledge and skills concerning the selected methods of diagnosis and therapy of people suffering from cancer in an independent and critical way. • The student recognizes the problems related to the scope of applied psychology: psycho-oncology. • The student is acquainted with knowledge concerning psychological and medical aspects of a person's functioning during the cancer process. • The student gains awareness of functioning of a person suffering from cancer in a social environment on the basis of theoretical and empirical knowledge within the fields of psycho-oncology and learns to position him/herself in debates. 								
PREREQUISITES	None							
COURSE ORGANISATION –LEARNING FORMAT AND NUMBER OF HOURS								
<p>Classes: 1 x 2 hrs/w. One classes per week, lasting two hours.</p>								
COURSE DESCRIPTION								
<p>The module covers the knowledge in the area of psycho-oncology. It enables the participants to become familiar with the medical and psychological aspects of cancer. It allows to gain information on the topics of diagnosis and therapy of a psycho-oncological patient.</p>								
METHODS OF INSTRUCTION	Lecture, discussion, didactic film, reading assignments, demonstrations, case studies							
REQUIREMENTS AND ASSESSMENTS	<ul style="list-style-type: none"> * Active participation in classes * One final assessment (single choice test) * One short presentation 							
GRADING SYSTEM	<p>Success in this course depends on attending class regularly, actively participating in class, preparing one short presentation and taking thorough notes.</p> <p>Tests: There will be a test at the end (single choice test) The test will cover the text and lecture material 0-50% - 2.0 50-59%-3.0 60-69% -3.5 70-79%-4.0 80-89% - 4.5 90-100%-5.0</p>							
TOTAL STUDENT WORKLOAD NEEDED TO ACHIEVE EXPECTED LEARNING OUTCOMES EXPRESSED IN TIME AND ECTS CREDIT POINTS	<p>Np.</p> <table border="1" style="width: 100%;"> <thead> <tr> <th>Activity</th> <th>Hours:</th> </tr> </thead> <tbody> <tr> <td>Lecture</td> <td>15</td> </tr> <tr> <td>Preparation for classes (Reading, homework etc.)</td> <td>15</td> </tr> </tbody> </table>		Activity	Hours:	Lecture	15	Preparation for classes (Reading, homework etc.)	15
Activity	Hours:							
Lecture	15							
Preparation for classes (Reading, homework etc.)	15							

Preparing a presentation	10
Revising for the test	10
Exam	1
Total	51
ECTS	2

STUDYMATERIALS

PRIMARY OR REQUIRED BOOKS/READINGS:

Holland J. History of Psycho-Oncology: Overcoming Attitudinal and Conceptual Barriers. *Psychosomatic Medicine* 64:206–221, 2002.

Holland J., Breitbart W., Jacobsen P. (eds.). *Psycho-oncology*. Oxford University Press, 2010.

SUPPLEMENTAL OR OPTIONAL BOOKS/READINGS:

Bloch S., Kissane D. Psychotherapies in psycho-oncology. *British Journal of Psychiatry* 177, 112-166, 2000.

Jansen, C.E., Miaskowski, C., Dodd, M., et al. A metaanalysis of studies of the effects of cancer chemotherapy on various domains of cognitive function. *Cancer*, Volume 104, Issue 10, 2005.

Watson M., Kissane D. *Handbook of psychotherapy in cancer care*. A John Wiley & Sons, Ltd., Publication, 2011.