

SYLLABUS

COURSE TITLE	Life-spanpsychology	
CREDITS	4	
LANGUAGE OF INSTRUCTION	English	
DEPARTMENT/FACULTY	Department of Clinical Psychology and Neuropsychology Faculty of Education and Psychology	
LECTURER(S)	Sara Filipiak	
COURSE OBJECTIVES		
Students who successfully complete this course will have a basic knowledge of and insight into:		
<ul style="list-style-type: none"> • Fundamental mechanisms responsible for a proper development in different spheres: physical, cognitive and socio- emotional at different periods of life • The students is acquainted with the milestones of development in particular spheres and is aware of complexity of development in rapidly changing contexts (historical time, culture etc.) • The student is able to apply practical solutions concerning possibilities of improving a proper development of a child, adolescent and adult person • The student recognizes the problems related to the developmental disabilities • The student gains awareness of different factors which are responsible for a proper development and their interactions 		
PREREQUISITES	-	
COURSE ORGANISATION –LEARNING FORMAT AND NUMBER OF HOURS		
30 hours of lecture One lecture and one tutorial per week, both lasting three hours.		
COURSE DESCRIPTION		
<ol style="list-style-type: none"> 1. Development in prenatal period 2. 3. Early childhood 4. 5. Middle childhood 6. Late childhood 7. 8. Adolescence 9. Early adulthood 10. 11. Middle adulthood 12. 13. Late adulthood 14. TEST 		
METHODS OF INSTRUCTION	Lecture, discussion, didactic film, reading assignments	
REQUIREMENTS AND ASSESSMENTS	* Active participation in classes * Final written exam	
GRADING SYSTEM	Success in this course depends on attending class regularly, actively participating in class, and taking thorough notes. Exam: There will be an exam at the end (test: true/false and open cloze) The exam will cover the lecture material 0-50% - 2.0 50-59%-3.0 60-69% -3.5 70-79%-4.0 80-89% - 4.5 90-100%-5.0	
TOTAL STUDENT WORKLOAD NEEDED TO ACHIEVE EXPECTED LEARNING OUTCOMES EXPRESSED IN TIME AND		
	Activity	Hours:
	Lecture	30

ECTS CREDIT POINTS	Workshops	
	Preparation for classes (Reading, homework etc.)	50
	Preparing a presentation	
	Revising for the exam	18
	Exam	2
	Total	100
	ECTS	4

STUDYMATERIALS

PRIMARY OR REQUIRED BOOKS/READINGS:

Gardiner, H. W., & Kosmitzki, C. (2005). *Lives across cultures: Cross-cultural human development*. Pearson Education New Zealand.

Baltes, P. B., Reese, H. W., & Lipsitt, L. P. (1980). Life-span developmental psychology. *Annual review of psychology*, 31(1), 65-110.

Baltes, P. B., Reese, H. W., & Nesselroade, J. R. (2014). *Life-span developmental psychology: Introduction to research methods*. Psychology Press.

Baltes, P. B., & Schaie, K. W. (Eds.). (2013). *Life-span developmental psychology: Personality and socialization*. Elsevier.

Datan, N., & Ginsberg, L. H. (Eds.). (2013). *Life-span developmental psychology: Normative life crises*. Elsevier.

SUPPLEMENTAL OR OPTIONAL BOOKS/READINGS:

Marsiske, M., Lang, F. B., Baltes, P. B., & Baltes, M. M. (1995). Selective optimization with compensation: life-span perspectives on successful human development.

Nesselroade, J. R., & Reese, H. W. (Eds.). (2013). *Life-span developmental psychology: Methodological issues*. Academic Press.

Bornstein, M. H., & Bornstein, M. H. (1980). Cross-cultural developmental psychology. *Comparative methods in psychology*, 231-281.