

SYLLABUS

COURSE TITLE	Career counselling	
CREDITS	2	
LANGUAGE OF INSTRUCTION	English	
DEPARTMENT/FACULTY	Department of Social Psychology Faculty of Education and Psychology	
LECTURER(S)	Anna Stachyra – Sokulska, MA	
COURSE OBJECTIVES		
<p>Students who successfully complete this course will have a basic knowledge of and insight into the major career counseling theories .</p> <ul style="list-style-type: none"> • The student is able to apply the basic career guidance instruments in career counseling • The student recognizes the problems related to the individual differences and social factors in career choice and development • The student is acquainted with the major career counselling theories 		
PREREQUISITES	-	
COURSE ORGANISATION –LEARNING FORMAT AND NUMBER OF HOURS		
<p>15 hours of classes Classes: 7 x 2 hrs/w.</p>		
COURSE DESCRIPTION		
<p>The module covers the knowledge in the area of occupational psychology. The aim of the course is to discuss and critically evaluate the major career counselling theories. Students will get familiarized with the role of individual differences and social factors in career choice and adjustment. The course will also focus on the assessment of abilities and skills in career counselling.</p>		
METHODS OF INSTRUCTION	discussion, didactic film, reading assignments	
REQUIREMENTS AND ASSESSMENTS	<ul style="list-style-type: none"> * Active participation in classes * One short presentation * Final written exam 	
GRADING SYSTEM	<p>Success in this course depends on attending class regularly and actively participating in class</p> <p>Test: There will be a test at the end (multiple choice) The exam will cover the text and class material</p> <p>0-50% - 2.0 50-59%-3.0 60-69% -3.5 70-79%-4.0 80-89% - 4.5 90-100%-5.0</p>	
TOTAL STUDENT WORKLOAD NEEDED TO ACHIEVE EXPECTED LEARNING OUTCOMES EXPRESSED IN TIME AND ECTS CREDIT POINTS	Activity	Hours:
	Lecture	
	Workshops	15
	Preparation for	15

	classes (Reading, homework etc.)	
	Preparing a presentation	15
	Revising for the exam	4
	Exam	1
	Total	50
	ECTS	2

STUDYMATERIALS

PRIMARY OR REQUIRED BOOKS/READINGS:

Brown, S., Lent, R. (2013). Career development and counselling: Putting theory and research to work. New Jersey: John Wiley & Sons.

Savickas, M.L., Nota, L., Rossier, J., (2009). Life designing: A paradigm for career construction in the 21th century. Journal of Vocational Behavior, 75, 239-250.

SUPPLEMENTAL OR OPTIONAL BOOKS/READINGS: