

PSYCHOLOGY IN PRACTICE – HOW TO WORK WITH MENTALLY ILL PERSON?

Basic information about the subject (independent of the cycle)

Module name	Psychology in practice – how to work with mentally ill person?
Erasmus code	
ISCED code	
Language of instruction	English
Website	
Prerequisites	
ECTS points equivalents	<p>Contact hours (with the department of the academic teacher):</p> <ul style="list-style-type: none"> - exercises - 30 hours - consultations for students - 1 hour <p>Total number of hours with the participation of an academic teacher: 31 hours</p> <p>Number of ECTS credits with the participation of an academic teacher: 2</p> <p>Non-contact hours (student's own work):</p> <ul style="list-style-type: none"> - preparation of multimedia presentation - 12 - ongoing preparation for exercises - 20 - preparation of the final work - 18 - searching and studying literature - 10 <p>The total number of non-contact hours: 60 hours</p> <p>Total number of ECTS points for non-contact hours: 2</p> <p>Total number of ECTS points for the module: 4</p>
Educational outcomes verification methods	<p>W1 final credit work; preparation of the final work</p> <p>W2 knowledge test</p> <p>U1, U2, continuous assessment of classwork, final work</p> <p>K1, K2, continuous assessment of class work</p>
Description	<p>The aim of the course is to familiarize students with the subject of working with a difficult client - in a special reference to mentally ill people. During the course will be presented issues generally related to working with a person suffering from mental disorders. The topic of skills will be addressed and predispositions that should be possessed by a person working with mentally ill patients and after a suicide attempt, as well as the possibility of verifying them and widening. In the part devoted to aspects of professional practice, particular emphasis will be placed on assistance activities, prevention and social perception of people</p>

	with mental illness.
Reading list	<ol style="list-style-type: none"> 1. World Health Organization, Mental Health, http://www.who.int/mental_health/media/investing_mnh.pdf 2. Stradomska M., Wolińska J., Marczak M., Circumstances and underlying causes of suicidal attempts in teen patients of mental health facilities - A psychological perspective, Article (PDF Available) in <u>Psychiatria i Psychologia Kliniczna</u> 16(3):136-149, September 2016, http://yadda.icm.edu.pl/yadda/element/bwmeta1.element.psjd-d3ffe743-0478-4357-abfb-f96e5884a4a3
Educational outcomes	<p>KNOWLEDGE</p> <ol style="list-style-type: none"> 1. Student has psychological background for the basic work with mental ill people. 2. Student knows methods for solving psychological problems in the area of differential equations. 3. Student knows basic facts about mental diseases and therapy. <p>SKILLS</p> <ol style="list-style-type: none"> 1. Student can successfully employ psychological theory to solve practical problems. 2. Student develops and interpret behavior and propose forms of therapy. <p>ATTITUDES</p> <ol style="list-style-type: none"> 1. Student has the need to broaden their knowledge and skills.
Practice	

Website	
Educational outcomes verification methods	
Comments	
Reading list	
Educational outcomes	<p>KNOWLEDGE</p> <p>SKILLS</p> <p>ATTITUDES</p>
A list of topics	<p>Topic:</p> <ol style="list-style-type: none"> 1. Characteristics of a difficult patient. 2. Social perception and mental illness in the civilization of the 21st century. 3. Types and determinants of mental illness. 4. Organizational and preventive activities for mentally ill people.

	<p>5. The role of the psychologist in working with people with mental problems.</p> <p>6. The specificity of working with a mentally ill person (therapy, workshop methods, psychological conversation, etc.)</p> <p>7. Places where you can acquire experience working with a mentally ill person.</p> <p>8. Care for people with mental disorders.</p>
Teachingmethods	<ul style="list-style-type: none"> - Lecture - Case study - Presentation - Discussion
Assessmentmethods	<ul style="list-style-type: none"> - Attendance - Preparation for classes - Final exam