

## **The Basics of Gerontology - mgr Anna Sadowska**

Course duration: one semester

Number of ECTS credits: 4.0

The main objective of the course is to present the major themes of Gerontology. We will analyze and discuss the following issues: Introduction to Gerontology; Old age and aging – defining the problems; Demographic aspects of ageing; Functioning of the elderly and the phenomenon of old age in the past – and in contemporary societies; Social functioning of older people in different cultures of the world. [How does it feel to be an old person in your society?]; Social theories of ageing; Biological, psychological and cultural determinants of aging; Gender and ageing; Health problems of older people; Family, caregiving and support systems for the elderly; Work and retirement in the life course; Economics and politics in the ageing society; Ageism and gerontophobia.