

Basic information about the subject (independent of the cycle)

Module name	Emotional intelligence and social skills
Erasmus code	
ISCED code	
Language of instruction	English
Website	
Prerequisites	Basic psychological knowledge
ECTS points hour equivalentents	Contact hours (work with an academic teacher) 15 Consultations with an academic teacher 15 Total number of hours with an academic teacher 30 Number of ECTS points with an academic teacher 1 Non-contact hours (students' own work) 60 Total number of non-contact hours 60 Number of ECTS points for non-contact hours 2 Total number of ECTS points for the module 3
Educational outcomes verification methods	2-3 A4 pages essay on EI and social skills
Description	The module covers the knowledge in the area of emotional intelligence and social competencies. Students will get familiarised with essential knowledge about brain mechanisms of emotional and social skills. They will discuss ways and factors of EI development in students at school. There will be opportunity to measure of EQ and find out how to improve social and emotional competencies for the sake of being more efficient teacher in the future.
Reading list	1. Barbey, Aron K.; Colom, Roberto; Grafman, Jordan (2012). "Distributed neural system for emotional intelligence revealed by lesion mapping". <i>Social Cognitive and Affective Neuroscience</i> 9 (3): 265–272. 2. Cavazotte, Flavia; Moreno, Valter; Hickmann, Mateus (2012). "Effects of leader intelligence, personality and emotional intelligence on transformational leadership and managerial performance". <i>The Leadership Quarterly</i> 23 (3): 443–455. 3. Mikolajczak, M.; Luminet, O.; Leroy, C.; Roy, E. (2007). "Psychometric properties of the Trait Emotional Intelligence Questionnaire". <i>Journal of Personality Assessment</i> 88: 338–353. 4. Salovey, Peter; Mayer, John; Caruso, David (2004), "Emotional Intelligence: Theory, Findings, and Implications", <i>Psychological Inquiry</i> , 197–215.
Educational outcomes	KNOWLEDGE - student knows: 1. what EI is and what models can explain emotional and social competencies 2. the potential ways of EI development and causes of its deficits. SKILLS - student is able to: 1. measure EQ

	<p>2. identify factors that are crucial for EI development</p> <p>ATTITUDES - student:</p> <ol style="list-style-type: none"> 1. respects other people thoughts and reflexions 2. protects private and sensitive data.
Practice	

Information about classes in the cycle

Website	
Educational outcomes verification methods	2-3 A4 pages essay on EI and social skills
Comments	Contact: u.oszwa@poczta.umcs.lublin.pl
Reading list	<p>Barbey, Aron K.; Colom, Roberto; Grafman, Jordan (2012). "Distributed neural system for emotional intelligence revealed by lesion mapping". <i>Social Cognitive and Affective Neuroscience</i> 9 (3): 265–272.</p> <p>Cavazotte, Flavia; Moreno, Valter; Hickmann, Mateus (2012). "Effects of leader intelligence, personality and emotional intelligence on transformational leadership and managerial performance". <i>The Leadership Quarterly</i> 23 (3): 443–455.</p> <p>Mikolajczak, M.; Luminet, O.; Leroy, C.; Roy, E. (2007). "Psychometric properties of the Trait Emotional Intelligence Questionnaire". <i>Journal of Personality Assessment</i> 88: 338–353.</p> <p>Salovey, Peter; Mayer, John; Caruso, David (2004), "Emotional Intelligence: Theory, Findings, and Implications", <i>Psychological Inquiry</i>, 197–215.</p>
Educational outcomes	<p>KNOWLEDGE - student knows:</p> <ol style="list-style-type: none"> 1. what EI is and what models can explain emotional and social competencies 2. the potential ways of EI development and causes of its disturbance. <p>SKILLS - student is able to:</p> <ol style="list-style-type: none"> 1. measure EQ 2. identify factors that are crucial for EI development <p>ATTITUDES - student:</p> <ol style="list-style-type: none"> 1. respects other people thoughts and reflexions 2. protects private and sensitive data.
A list of topics	<ol style="list-style-type: none"> 1. Essentials of neural mechanisms of emotional and social skills. 2. EI development. 3. EQ methods of measurement. 4. Practical tasks demonstrating emotional skills factors (photo-language, Aesop's fables analysis, etc.) 5. Ability, mixed and trait models of EI. 6. Meta-analysis of crucial EI elements in own experience: self-awareness, self-regulation, social

	skills, empathy, motivation. 7.Criticism of EI concept and its values.
Teaching methods	Workshop, group discussion, interactive lecture
Assessment methods	2-3 A4 pages essay on IE and social skills